

What's your problem?

Dear Jenny,

I'm very upset and I don't know what to do. My parents are always telling me that I spend too much time on the internet and that I should exercise more. They are threatening to take away my computer. Do you think 4-5 hours a day is too much? I really enjoy playing computer games and I'm not really interested in sports.

Harry, 14

Dear Jenny,

I feel terrible and I really need your advice My problem is called text anxiety! I always listen in class, I do all my homework and I study hard. However, none of this means anything when I have to do a test! I feel so nervous and stressed that I can't answer any of the questions. I always get awful marks! What do you think I should do?

Melany 15

Dear Jenny,

I really need your advice! The problem is that I'm not interested in clothes! I don't know what's in fashion and I don't think shopping is fun! I like dressing comfortably in jeans and T-shirts. Some of my friends say that I haven't got style and I'm not cool! Are they right? Should I change the way I dress just to be like them?

Elaine, 15

(10 points)

Write **H** (Harry), **E** (Elaine) or **M** (Melany):

Who ... has got an unhealthy habit?

1. ...tries hard at school?
2. ...doesn't like physical exercise?
3. ...is worried about what others think of him/her?
4. ...doesn't do well in exams?
5. ...thinks shopping is boring

H

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