

## «Empowerment of teachers and their teaching techniques».

The teacher is in the centre of modern pedagogy . A teacher who knows themselves well and controls his ways of expression (posture, voice, body, movement) can switch more easily from the role of scientist/ researcher to that of the magician / artist / creator, a role that is indispensable for effective teaching.

---

### Objectives of the course

---

- ❖ Empowering skills that help the teacher stay in the educational process
  - ❖ Be able to give personal meaning to the purpose it serves
  - ❖ Improvement of the teacher
- ❖ Ability to observe others, himself and read human behavior

---

### Tools

---

#### Lab games and activities, a brief description

- **Frozen images** Like a photo, without motion and reason we capture with our bodies a snapshot, a critical moment.
- **Corridor of consciousness.** The character walks between two rows formed by the participants. A profound review of deeper conflicts is achieved.
- **Tracking thoughts** As some participants are in a role and in motion (dashboard, frozen image), others or their animator touch and ask questions about their intrinsic thoughts (eg. Who are you? How do you feel? What do you think? etc).
- **Inquiry chair** The rotation of people sitting in the hot chair for questioning helps to understand the meaning of the role, which is identified with the chair and not the person. (distancing)
  - **Viewpoint** By taking on the same roles the participants narrate or represent the events in the way they have felt, understood and understood them.
  - **Controversy / Debate:** Opposites to the same life scenario, where participants are invited to take a stand and explore functional and non-functional beliefs.
- **Role in the wall** Participants negotiate the resume of the role, adding words, , dreams ,thoughts, highlighting events, motivations, and emotions of the role, whose outline is on the wall.

- **Team Role** Small groups of participants interpret the same role, highlighting the diversity, stereotypes and prejudices of those taking part.
  - **Explicit words** - Hidden thoughts We do not only communicate with words, but with a whole host of extraneous elements and behaviors. Their recognition contributes to effective communication.
  - **Letter to myself...** Yesterday, Tomorrow Tomorrow Writing to the kid we once were or to the teacher we want to become, we form dreams and goals
    - **Tell me the problem and I'll hear the solution.** By encouraging someone to speak, we empower them to creative problem solving
- 

## Methods

---

**Methodology:** Experiential Approach through Educational Drama and Oral Narration.

### Why educational drama and oral storytelling?

#### Educational Drama:

- Gets material from Theater techniques
- Promotes and facilitates learning through experience
- Enhances dialogue, cooperation and team spirit
  - Helps develop self-awareness
- Develops self-expression and communication skills.

#### Oral narration:

- Storytelling helps people live in harmony with the community and themselves
  - The teacher must and can become a fairy tale reader because in this way they manage to get students learn about stories
    - manages to hear the hidden messages between their words.
- 

## Learning Outcome

---

With the above activities we cultivate and strengthen the quadruple of the senses and ways of expression of the teachers participating and teachers.

1. *I do not listen to answer , I listen to understand* (empathy, active listening)
2. *I look and see* (observation, reading and interpretation of words, attitudes and works)
3. *What does my body say about me?* (expressiveness, plasticity and emotional agility)
4. *I don't have the voice just to speak .... I caress, encourage, calm, comfort.* (rhythm, melody, musicality)

---

#### *Course includes*

---

- Morning group lessons
  - Workshops
- Brainstorming sessions/discussions
  - Group work
  - Artwork

---

#### *Course Location*

---

Kalamata Greece, Ekpedeftiria Bouga (Primary and Secondary School)

Protoelladikou Megarou, Akovitika Kalamatas

Phone Number: 2721092122.92022

---

#### *Language of the course*

---

English

---

### *Maximum numbers of participants*

---

20

---

### *Free Time Activities offered*

---

#### 2 Guided Tours of Ancient Messini and Pylos – Methoni

Full Day Excursion: Ancient Olympia

#### OTHER FREE TIME OPTIONAL ACTIVITIES INCLUDE:

- Barbeque Night
  - Dinner with other participants
  - Excursion to the beach
- 

### *Enrollment and Payment*

---

In order to complete your enrollment, please sent to: [k.giannari@bougas-school.gr](mailto:k.giannari@bougas-school.gr). The following information:

- Name and address of your school
- School ID number (or PIC Number or VAT Number)
- Name and email of the person in charge of your Erasmus+ project
  - Course Name, Dates and Location
- Name(s), Email(s), Age of the course participants
  - Level of English of the Participants

---

### *Price*

---

Course + Lunch = 600 €

Course + Free Time Activities (Guided Tours to Ancient Olympia and Messini) + Meal (Lunch + Barbeque) + Commuting by bus = 750€

---

### *Type of Certification awarded*

---

- Certificate of attendance including description of training content and time input
- 

### *Grants*

---

The participants can apply for the Erasmus+ grant to cover course fee, travel and accommodation costs

---

### *Target Audience*

---

- Teachers (Kindergarten and Primary School)
    - Teacher trainers
    - Head Teachers
    - Principals
- 

### *Available Dates*

---

- 20/6/2020 - 26/6/2020, 27/6/2020 - 3/7/2020, 26/9/2020-2/10/2020